



Pranic Healing: Course By Mohamed Essa

Pranic healing is an ancient science and art of healing that utilizes prana or ki or life energy to heal the whole physical body. It also involves the manipulation of ki and bioplasmic matter of the patient's body. It has also been called medical qigong (ki kung or ki healing), psychic healing, vitalic healing, therapeutic touch, laying of the hand, magnetic healing, faith healing, and charismatic healing.

Pranic healing is based on two laws: The law of self-recovery and the law of prana or life energy. These laws are quite obvious but strangely they are usually the least noticed or least remembered by most people. It is through these basic laws that rapid or miraculous healing occurs.

1. Law of Self-Recovery: In general, the body is capable of healing itself at a certain rate. If a person has a wound or burn, the body will heal itself and recover within a few days to a week. In other words, even if you do not apply antibiotic on the wound or burn, the body will repair or heal itself. At the present moment, there is no medicine available for the treatment of viral infection. But even if a person has cough or cold due to viral infection, the body will recover generally in one or two weeks without medication.

2. Law of Life Energy: For life to exist, the body must have prana, chi or life energy. The healing process can be accelerated by increasing life energy on the affected part(s) and on the entire body.

What we call miraculous healing is nothing more than increasing the rate of self-recovery of the body. There is nothing supernatural or paranormal about pranic healing. It is simply based on natural laws that most people are not aware of.

Prana can also be projected to another person for healing. Persons with a lot of excess prana tend to make other people around them feel better and livelier. However, those who are depleted tend to unconsciously absorb prana from other people. You may have encountered persons who tend to make you feel tired or drained for no apparent reason at all.

Benefits of Pranic Healing

1. It can help parents bring down the temperature of their children suffering from high fever in just a few hours and heal it in a day or two in most cases.
2. It can relieve headaches, gas pains, toothaches, and muscle pains almost immediately in most cases.
3. Cough and cold can usually be cured in a day or two. Loose bowel movement can be healed in a few hours in most cases.
4. Major illnesses such as eye, liver, kidney, and heart problems can be relieved in a few sessions and healed in a few months in many cases.
5. It increases the rate of healing by three times or more than the normal rate of healing.

| Duration | Continuing Education Credits | | |
|-------------------------------|-------------------------------------|-------------|------------|
| | SAFE | AFAA | ACE |
| 13 hours over 3 days | 7 | 7 | — |